

ENTRANCE ANTIPHON

Your merciful love, O God,
we have received in the midst of your temple.
Your praise, O God, like your name,
reaches the ends of the earth;
your right hand is filled with saving justice.

FIRST READING**Zechariah 9:9-10**

See how humbly your king comes to you!
The Lord says this:
'Rejoice heart and soul, daughter of Zion!
Shout with gladness, daughter of Jerusalem!
See now, your king comes to you;
he is victorious, he is triumphant,
humble and riding on a donkey,
on a colt, the foal of a donkey.
He will banish chariots from Ephraim
and horses from Jerusalem;
the bow of war will be banished.
He will proclaim peace for the nations.
His empire shall stretch from sea to sea,
from the River to the ends of the earth.'

RESPONSORIAL PSALM**Ps 144:1-2, 8-11, 13-14**

**R. I will praise your name for ever,
my king and my God.**

I will give you glory, O God my King,
I will bless your name for ever.
I will bless you day after day
and praise your name for ever. **R.**

The Lord is kind and full of compassion,
slow to anger, abounding in love.
How good is the Lord to all,
compassionate to all his creatures. **R.**

All your creatures shall thank you, O Lord,
and your friends shall repeat their blessing.
They shall speak of the glory of your reign
and declare your might, O God. **R.**

The Lord is faithful in all his words
and loving in all his deeds.
The Lord supports all who fall
and raises all who are bowed down. **R.**

St Augustine Zhao Rong, the first native-born Chinese priest to be martyred, was once a soldier who was converted by the courageous witness of a bishop he had been ordered to escort to prison.

Ordained a priest, he remained faithful to Christ despite imprisonment and torture, dying for the faith.

He is honoured with 119 companions—Chinese Catholics and foreign missionaries—who gave their lives for Christ in China between 1648 and 1930. Their witness reminds us that faithful discipleship often requires great courage. May they inspire us to stand firm in our faith and pray for the Church in China.

SECOND READING
Romans 8:9, 11-13

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

GOSPEL ACCLAMATION**cf Matthew 11:25****Alleluia, alleluia!****Blessed are you, Father, Lord of heaven and earth; you have revealed to little ones the mysteries of the kingdom.****Alleluia!****GOSPEL****Matthew 11:25-30**

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him. 'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

COMMUNION ANTIPHON

Taste and see that the Lord is good;
blessed the man who seeks refuge in him.



THE CATHOLIC ARCHDIOCESE OF CANBERRA AND GOULBURN

SACRED HEART CATHOLIC PARISH, MORUYA

14TH SUNDAY IN ORDINARY TIME
YEAR A | 5 JULY 2026

'FINDING REST IN THE HEART OF CHRIST'

A WEEKLY LETTER FROM OUR PARISH PRIEST

Dear Parishioners,

In a world that seems to move faster each day, many people carry burdens that are invisible to everyone else. Some struggle with illness, grief, loneliness or financial pressure. Others carry the weight of family worries, uncertainty about the future, or the quiet exhaustion that comes from simply trying to keep going. Into this reality, Jesus speaks some of the most beautiful and comforting words in all of Scripture:

"Come to me, all you who labour and are burdened, and I will give you rest." (Matthew 11:28)

Notice that Jesus does not promise a life without crosses. Instead, He promises something even greater: His presence. He invites us to place our burdens upon His shoulders, trusting that we never carry them alone. What a remarkable invitation! The Creator of the universe calls each one of us personally. We do not have to earn His love or prove our worthiness before approaching Him. We simply come as we are with our fears, our failures, our hopes and our dreams, and allow Him to embrace us with His mercy. Jesus continues, "Learn from me, for I am gentle and humble of heart." In a world that often values power, success and self-reliance, Christ reveals another way: the way of humility, gentleness and trusting surrender to the Father. His yoke is not a burden that crushes us; it is the path that leads us to true freedom. As a parish family, may we become a community where people encounter this gentle and humble Heart of Jesus. May our churches be places where the weary find hope, the lonely discover friendship, the searching encounter truth, and those who have wandered return home with joy. Whatever burdens you may be carrying today, do not lose heart. Bring them to the Lord in prayer. Place them before Him at the altar. Sit quietly in His presence. Allow Him to remind you that you are deeply loved and never abandoned. Christ still calls to each of us today: "Come to me." If we answer that invitation with trust, we will discover the peace that only He can give a peace that sustains us today and leads us towards the eternal joy of Heaven.

May the gentle and humble Heart of Jesus be your strength, your hope, and your rest.

Father Josh



SUNDAY MASS TIMES

SACRED HEART, MORUYA
36 QUEEN STREET, MORUYA

SAT VIGIL 5.00 PM Mass
SUN 10.00 AM Mass

'THE PINES', TUROSS HEAD
36 CRADDOCK RD, TUROSS HEAD

SUN 8.00 AM Mass

'ST. EDMUND'S, BODALLA
162 PRINCES HWY, BODALLA

4th SUN 12.00 PM Mass

WEEKDAY MASS TIMES

SACRED HEART, MORUYA

TUE-THURS 5.00 PM Mass
FRI 9:15 am

'ST. EDMUND'S, BODALLA
162 PRINCES HWY, BODALLA

2ND FRI 9.00 AM Mass

SYRO MALABAR MASS

SACRED HEART, MORUYA

1ST MON 6.00 PM

CONFESSIONS

SACRED HEART, MORUYA

TUES - THURS After Mass
SAT 4.30 PM

ADORATION

SACRED HEART, MORUYA

TUES & THURS After Mass

ANOINTING OF THE SICK

SACRED HEART, MORUYA

FIRST SAT 9.00 AM Mass
OR BY APPOINTMENT

DEVOTIONS

SACRED HEART, MORUYA

ROSARY

DAILY Before Mass

STATIONS OF THE CROSS

FRI After Mass

PARISH SCHOOLS

**ST. MARY'S PRIMARY,
MORUYA**

**JOHANNA WAIN
PRINCIPAL**

Ph: (02) 4474 2817



*'In all things may
God be glorified'*

**CARROLL COLLEGE,
BROULEE**

**ANDREW KENNEALLY
PRINCIPAL**

Ph: (02) 4471 5600



'Learning for Life'

PARISH GROUPS

**ST. VINCENT DE PAUL,
MORUYA**

37 Queen Street, Moruya
Ph: 02 6234 7404

**CARING GROUPS
TUROSS HEAD**

Mob: 0497 315 534

MORUYA

Please contact
the Parish Office

**WEEKLY LITURGICAL
CALENDAR**

Mon 6th - St. Maria Goretti

Tues 7th— St. Peter To Rot

Wed 8th — Wed 14th Week OT

Thurs 9th—St. Augustine Zhao Rong and his Companions

Fri 10th —Fri 14th Week OT

Sat 11th — St. Benedict

Fr Josh on leave

Fr Josh will be going on annual leave for the next two weeks. We will be welcoming Fr Rex Curry whilst Fr Josh is away.



No Weekday Masses whilst Fr Josh is away

While Fr. Josh is away on leave, there will be no weekday Masses. We thank you for your understanding and encourage parishioners to continue their personal prayer during this time or to attend St. Bernards. Regular weekday Masses will resume upon his return. Please refer to the bulletin for any updates.



**ARCHDIOCESAN
ASSEMBLY**

The 2026 Archdiocesan Assembly

The 2026 Archdiocesan Assembly gathering will occur in Batehaven on the 22nd August from 9am - 4pm. The exact location will be released soon.

St Vincent de Paul

As the weather turns colder, St Vincent de Paul is seeking donations of tinned food, especially soup, baked beans, spaghetti, and tinned meals. Ring-pull cans are especially appreciated. Donations of cereal and long-life milk are also always welcome. Thank you for your continued generosity in supporting those in need.



St Peter To Rot (1912–1945) was a catechist, husband, and father from Papua New Guinea who remained faithful to Christ during the Japanese occupation. Imprisoned and martyred for defending Christian marriage and opposing polygamy, he became Papua New Guinea's first canonised saint. His life reminds us that holiness is possible in every vocation and culture.



In 2026, Archbishop Christopher Prowse has designated **"GET UP!... LISTEN!... GO!"** as the Archdiocese's pastoral focus, emphasizing Encounter, Discipleship, and Mission in Evangelisation. It highlights Jesus' ministry of calling people from passivity into action, restoring life and dignity through His divine authority.



'Cor ad cor loquitur' - 'Heart speaks to heart'
~St. John Henry Newman



WE INCLUDE IN OUR PRAYERS...

OUR RECENTLY DECEASED

Kim Xuyen Brierley, Kathleen Hodge, Mick Colefax, David Burton, Adele White, Lawrence Buckle, Monique Driver, Mervyn Honan, Clare Broekhuysse, Mary Bolton, John Collins, Greg Thornton.

FOR OUR SICK

For those in Aged care facilities and in Moruya Hospital, for our sick and housebound parishioners.

Also pray for Nadia Hawden (nee Malavey), Patricia and Geoffrey Daley, Clair Holmes, Gerry Ebbelaar, Jan Morris, Christopher Morris, Rosemary Patyus, Kay Morton, Sue and Rod McDonald, Han and Pauline de Grave, Hans Brosch, Father Giles Setter OFM, Jenny Hopkins, Patricia Murphy, Paul and Margaret Ryan, Rita and Doug Marion, Sylvia Heffernan, Rae and Peter Fishlock, Michael Irwin, Fr Greg Beath, Deacon Paul and Jo Rummery, Mark Chatto, Norma and Graham Beer, Noel and Eddie.

St. Maria Goretti - Pray for us!

YOUR MONETARY CONTRIBUTIONS COUNT A LOT...

First Collection

(Supporting all the priests of the Archdiocese)

A/C Name: Central Presbytery Fund, BSB: 062-786

and Bank Account: 00029248

Reference: Your parish location, name and intention

(e.g., Moruya Smith 1st collection)

Second Collection

(Maintenance/upkeep of the Churches, staff salaries, liturgical needs, insurance, etc.)

A/C Name: Sacred Heart, Moruya, BSB: 062-786 and Bank

Account:000014984 Reference: Planned Giving #

& Surname (current givers) or "Donation" (new givers).

MORUYA ROSTERS

MORUYA ROSTERS						
Readers			Ministers of Holy Communion		Counters	
Mass	4th/5th July	11th/12th July	4th/5th July	11th/12th July	6 July	13 July
SAT 5pm	C. Cahill D. Moore	D. McCann C. Palise	T. Cahill	F. Levi	G. Campbell L. O'Connor	T. Monaghan C. Gandy
SUN 10am	H. Browne I. Browne	B. Gillett P. Pollock	J. Morris	J. Gillett		

PARISH SAFEGUARDING COMMITMENT

Parish Safeguarding Commitment: At Sacred Heart Parish, we're deeply committed to creating a safe, respectful, and caring environment for all children and vulnerable people. We believe everyone deserves to be heard, valued, and protected—and we work together with families to make sure their voices are always part of the conversation. We also acknowledge the Yuin people, our brothers and sisters, the traditional custodians of this God-given land. United as one family in Christ, Indigenous and non-Indigenous peoples, we give thanks for this shared gift.

Communicating Concerns: Parishioners are encouraged to raise any concerns by contacting Father Josh or the Parish Office. For matters specifically related to safeguarding, please reach out to our Parish Safeguarding Officers—Louise Strahlendorf, or Peter Hoban—via email at moruya.safeguarding@cg.org.au. Additionally, you may contact Maria Hicks, Manager of the Archdiocesan Institute for Professional Standards and Safeguarding (IPSS), at ipss@cg.org.au or by phone on 02 6239 9806.

CONNECT WITH US...

Parish Priest: Fr. Joshua Scott VF
Phone: (02) 4474 0889
Email: joshua.scott@cg.org.au

Parish Secretary: Vickie Moore
Phone: (02) 4474 0889
Email: moruya@cg.org.au
Mail: PO Box 23, Moruya NSW, 2537

Parish Office Hours: Wednesday and Friday—9.00 am - 2.00 pm



For access to our website, online bulletins and other details please see the QR code: